



## SmitCare

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## PRODUCT INSTRUCTION SHEET

**REFERENCE** SmitCare Bed Bar with Straps  
Code: SBH1/ST

### **TECHNICAL SPECIFICATIONS**

Leverage: 22 stone (140kg)  
Height options: 350mm or 450mm  
Base size: 325mm x 600mm  
Product weight: 2.9kg



### **USAGE REQUIREMENTS**

1. When fitting a SBH1/ST Bed Bar a risk assessment should be carried out as to the suitability of the equipment for the user, with particular emphasis on the possibility of entrapment.
2. If height adjustment has to be made, ensure that the metal spindle of the E clip (see fig. 1) is fully located completely through the metal frame, there should not be a gap between the plastic horseshoe of the clip and the frame.
3. Ensure the base support (wooden section) is firmly pushed right under the mattress and the vertical section rests against the edge of the mattress.
4. The base support (wooden section) must rest in a horizontal position and its position must be checked regularly in line with the findings of the original risk assessment.
5. Do not exceed leverage of 22 stone (140kg)
6. Steel work may be cleaned with a mild detergent solution.

### **To Assemble Bed Bar With Straps**

Your Bed Bar may be supplied either assembled or unassembled. If your Bed Bar is received unassembled follow these instructions.

1. Remove the E Clips from the U shaped metal bar.
2. Push the ends of the bar in the holes of the wooden base, making sure that the pinewood block is on the underside of the board.
3. Replace the E clips through the metal frame, two clips above the wooden base and two clips below.

### **Fitting instructions**

Once assembled, fit the Bed Bar to the bed as follows:

1. Remove the mattress from the bed.
2. Place the Bed Bar in position. This should be the most comfortable and practical position for the user. If in doubt about the position, consult your Occupational Therapist.  
NB The short straps should hang down the side of the bed.

3. Pass the long straps across the top of the bed, down the side, and back under the bed. Secure the buckles (see fig 2 & 3). These straps will fit double or single beds.
4. Shorten the male buckle ends of the straps as required by adjusting through the buckle.
5. Make sure that when the male and female parts of the buckle are joined, the straps are tight around the bed. Use strap slips to secure and tidy any loose ends.
6. Ensure there are no twists in the straps.
7. Make a final check for tightness and security.
8. Replace the mattress.
9. Adjust handle to the correct height for the user.



fig. 1

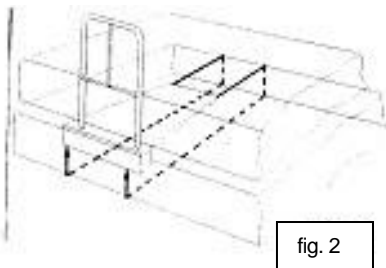


fig. 2

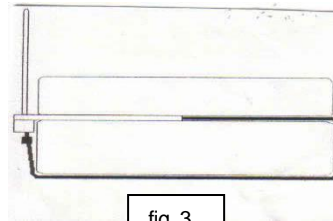


fig. 3